
FREEDOM TRAIL
EAST GRIQUALAND MEANDER
Mountain Bike Tour
330km | 5 Days | 6 Nights | All-inclusive
15-22 October 2026
A TASTE OF FREEDOM






Route Gallery



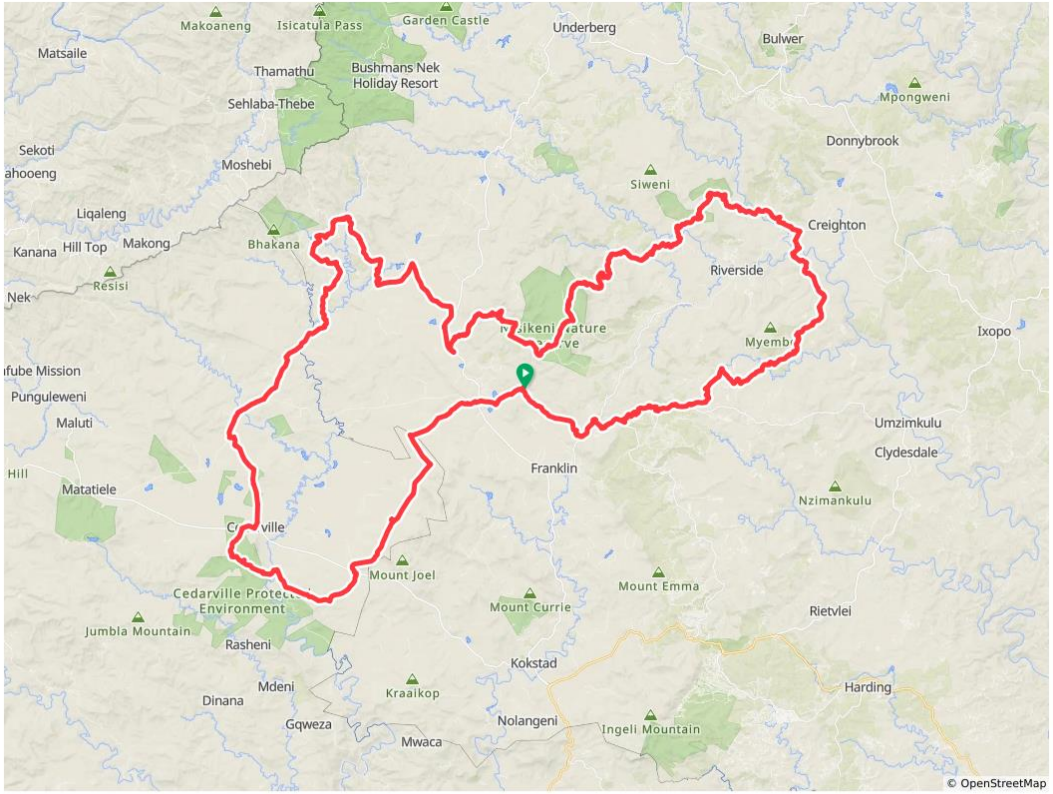










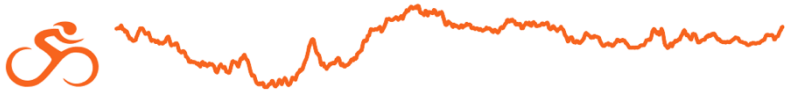
East Griqualand Meander 26

332 km
DISTANCE

5,934 m
ELEVATION GAIN

14.7 %
MAX GRADE

Night	Location	Description	Distance from previous (km)	Distance total for day (km)	Cumulative Distance (km)	Avg. ride time from prev. (hrs)	Ascent from previous (m)	Cumulative Ascent (m)
1	**Flitwick Ranch**	**Guest Farm**						
Lunch	Lordes Mission	Picnic	41		41	3	500	500
2	**Centocow Mission**	**B&B**	**45**	**86**	**86**	**3.5**	**830**	**1330**
Lunch	Bosholweni	Picnic	25		111	3	800	2130
3	**Ntsikeni Lodge**	**Nature Reserve**	**26**	**51**	**137**	**4**	**800**	**2930**
Lunch	Two Springs	Farmstay	34		171	4	580	3510
4	**St Bernard Peak**	**Hotel**	**39**	**73**	**210**	**2.5**	**600**	**4110**
Lunch	Cremora farm	Picnic	32		242	3	430	4540
5	**Cederberg Guestfarm**	**Guestfarm**	**27**	**59**	**269**	**5**	**430**	**4970**
Lunch	Sandflats Farm	Picnic	31		300	5	600	5570
6	**Flitwick Ranch**	**Guest Farm**	**31**	**62**	**331**	**2.5**	**420**	**5990**



- 6 nights Accommodation 5 days riding.
- Lunches, picnic stops, coffee stops all included.
- Food and accommodation is provided at overnight stops .
- Bedding and towels provided.
- Accommodation is based on 2 people per room.
- Includes support vehicle per group. Vehicle carries overnight bags.
- E-bikes welcome. Charging points available at all overnight stops.
- Self navigated. Riders can use traditional Freedom Challenge maps or GPS for navigation.
- Riders can be assisted by support vehicle where required.

Flitwick Ranch








Centocow Mission BnB








Ntsikeni Lodge








St Bernard's Peak Mountain Lodge








Cedarberg Guestfarm








For more info and bookings visit: www.freedomchallenge.org.za/eastgriqualandmeander